

Yo, what is happening, guys? Nathan back once again with another Episode of the unplugged Freedom podcast, and In today's episode, we're going to have A casual conversation about. Opening your mind. Because, Life begins when you open your mind life begins when you Have the ability to be able to, To maybe think what?

What if I were to take a left instead of a right? What if? You know, while everybody's going left? What if I was supposed? What if I went, right? What happens then? There's, There's so many people that are just running. Automatic Behavior and they have no idea. You have to kind of think about it, like, Let's say in a video game, for example, okay.

Whether you've played video games before you understand video, games or not. I'm gonna tell you, so In a video game you. Are the what's called a playable character? So, you have the ability. If you want to go left, you go left, if you want to go, right, you go, right.

If you want to hop in the car and drive, you can do that. You have that ability as the playable character? Now, there are things within a video game that are called NPCs. Non-playable characters. Now, there's different levels of non-playable characters. You have the really simple basic ones and these ones But they've got a program and so let's say there's The program for these really simple NPCs.

Are just to drive around the city. They use the same lane. They use the same route and they just drive around the city and you can you as the playable character, you can say, hey, you know what? I'm gonna follow this car. And inside this video game, you're following this car, and you're watching this route that this NPC is taken, and it's the same thing.

Now. What's also interesting? Is that? You may think okay what it happens if I get in front of this, NPC. So let's say the NPC is driving a car. And that's all it does. And you decide to hop in another car. And then you cut this NPC off, And you stop your vehicle in front of it.

Now, this NPC has It's only got the one route and it's only so programmed it's only. So got so much artificial intelligence within it that It cannot. It cannot do anything, unless you move. So it may stop. But it, it will not do anything, it won't go around you.

It won't do anything. It'll just it's just continues to go. The same route that it's always going. And so, this is In NPC, this is a very simple non-playable character and you're gonna see why this is this is all Uh, relatable. Because this is very much the world that we live in today.

And you'll see. Now, if you're listening to this podcast, Is a pretty good chance that you're probably not. An NPC. However, You might. You might be of one of the higher. Artificial intelligence. Npcs. And I'm going to, I'm going to tell you what I mean is. It almost looks like you're not an NPC.

But you have the Tendencies of an NPC. So, There are different levels of NPC. So another one is. Let's say you get in front of this. NPC, you cut it off. You know, with your vehicle? Well a smarter more intelligent, NPC. Has the ability to be able to say, hey there's something in front of me, let me go around it and then it goes around it.

And so it then will do whatever it can. You can try and cut it off again and again. But it'll continue to keep trying to go around. And so it has that ability to be able to do that. And then there are other ones other NPCs where let's say, let's say the type of game you are playing is like a free roam roaming in the city.

You're running around the city, you are a character running around in this city. And you grab a car, you cut off one of the NPCs. There's a simple ones. He's trying to keep continue driving. The same route. The other NPC has the ability to try and work its way around you.

Try and find another way. Then there's another NPC. Who will get out? And we'll actually get mad at you and say, what is your problem? What are you crazy? I'm trying to get out of my way and it just starts to argue with you. And, But it's still it's got a little bit more life, it's got a little bit more intelligence behind it.

However it It's still an NPC, still a non-playable character. And so, let's say you as the playable character you show aggression to this NPC. Now, the NPC is smart enough to say. Whoa! Whoa, whoa, whoa. I'm sorry, I'm sorry. And it turns around and it takes off. And it gets out of there, it may even turn its car around, instead of trying to go the same road, you may turn its car around and then take off in a totally New Direction.

So that is a a much smarter NPC? Now, I've talked about this in different podcasts before about NPCs and so, Here's a great example. In the dating world. There's a lot of times. People are just there's there's the grocery list of items that people are looking for. They're saying, okay, I need a house.

I need a car. I need. Partner. I need a to be married. I need to have kids like they're just checking the things off, like, that's They're NPC list. And so, Like they don't know where these These programs or ideas came from, they just know that. Okay, this is what I got a check off and it's just going So if some, if an NPC comes up to a A playable character.

Let's say such as myself. You know, and I have You know, these these these ideas and these dreams and these goals and these, you know, things and I'm talking about all these different things and The NPCs sitting there, like I'm looking for husband. Yeah, okay, I get that. I understand that.

Okay, you're looking for a husband but, uh, I'm pretty sure like. You're supposed to like start at friends first and then you kind of like gradually get there. You don't just jump right into husband. And then the NPC looks at you and it's all cockeyed, head tilted and looking at you blank with a

blank stare and like I'm looking for husband.

Okay. I get that you're looking for husband, okay? Maybe I might be looking for a wife, but Most definitely not right out of the gate. So, Like, maybe, I don't know. I don't know if that's in like six months a year. Two years. I, I don't know. I know, like, Just looking at you like blank stare.

Like, not even like they're kind of looking through you and like, I'm looking for her husband. Okay. And like, just nothing you say will get through to these NPCs. And so, Sometimes it's it's very interesting and they may bump into another NPC in another MP and PC will be, will say I'm looking for a wife.

I'm looking for a husband. And then it kind of calculate. Together. They're kind of like Husband. Husband wife, husband wife. Let's get married. It's a very simple. Um, vision of what I'm talking about, but it's based like if you actually get out there in the world, you will see this.

You will see this. It blows my fucking mind each and every single time it's crazy. Like for example, people people who get a job a career like it's just I'm looking for a job. I'm looking for a job, like, here's a job. I've got job. I've got job, okay?

I need, I need a husband and they just like, going around like, they've already got the job. Like, that's it. That's all. They've got the job, there's nothing else. And nothing beyond this job. There's not, you know, there's People don't have like these visions of like, man. I'm coming in.

I'm going to work this job for like five years. I'm buying a sale boat and then I'm taking off and we're gonna we're gonna live around the Greek Islands and who knows? But like that's what that's what we want to do. Like super cool man. Like nobody ever has a cool fucking story like that.

Everybody's just got the same end. PC story. Like I'm looking for husband, I have two kids. I have house. I have husband, I have wife like it's just the same shit and you can like write the stories you can just Like, let me guess. Okay, you're married. You got two kids.

Yeah, big fucking whoop like, Let me guess you got Brand new truck truck payment. Yeah, you got you got a house, right? Holy fuck. It's like uh it's like I already know you like, wow. How do I know so much about you? And, It gets old. Gets all definitely old.

And the thing is, is that like People will always say. You know, that they they love being married or that they love having kids or whatever whatever shit they want to say. And like I said, many times, okay, I've got no issues or qualms with Marriage or kids or that kind of stuff.

Like the no issues with it whatsoever. I love seeing people in love. I've I actually have one set of friends. I love seeing these people. These guys as uh Instagram and because they're always out just living their best life and they're just like the perfect couple and It's it's it's so rare to see.

And they're so such simple people. Yeah, I don't mean simple in a bad way. It just, I mean, they are just doing their thing and I just, I love it so much and they're just There's simple going. They're easy people. They're super laid back and I I just love it.

And that's what I say is like, I don't even think they're married. And I don't even think that they have any like, Ideas of getting married. And they've been together for a long time. And the thing is like, who cares? Who cares? But like nor like NPCs right non-playable characters.

They'd be like why aren't you married? Why aren't you married? You, you should be married. Why don't you get married. This is like, who fucking cares, dude. You don't have to get married to be happy. Okay, being married, doesn't doesn't equate to happiness. You know, how many people I know that are married that are fucking miserable.

So many. And they'll lie to your face about it too. Being right? Oh yeah, the wife. The wife and it just it's so funny. How life works? Is that? You could be single, let's say you're a single woman, 37 years old, good, look in your smart, you got a lot of things going for you.

But people would look at you Society in general, Would look at you. Almost like in pity. And be like, Oh, you know what? There's someone out there for you and this person could be like, just on cloud fucking nine and just living their best life. But everybody you know Society as a whole basically just looks at them as like oh she's so smart you know.

And she like she's so good looking and she she really has so much going. She'll find the guy but she's not even looking. She's just living her best life. It's not even like on her radar. Of thinking of of a relationship. It's not even on her fucking radar. Like I would love and and this, this is the thing.

I would love to just bump into someone and I'm not talking about like meeting them in the relationship aspect. I just like To bump into someone and have a conversation with them. Let's say, let's say it was a 37 year old, good looking smart has a lot of things going for her woman.

Just to have a conversation really? Let me ask you a question. Like you I've gotten to know you a little bit and like, yeah. There's a lot of great things about you. Can I ask why you're single? And like, you've never been married before. You've never really had many long-term relationships like Why are you single?

I'm fascinated by that. And if she turned around to me, And look to me dead into my fucking soul and said, Why do I have to be? I would fucking die. I would fall on the floor and just like, oh my God. That. Is so like that person? Is them that is their their they are a a genuine person like that is definitely not an NPC whatsoever.

Like that would fascinate me so much be like, oh my God like I I have like a million questions

now. And it would just be like, sitting there like When did this start, how did you get this mindset? Like What about your your peers? What about your your friends, your family?

Like there would just be a million questions from me. After that. Because that's fascinating that that person is interesting. Like I've met people that it's just always like their goal, actually, we're going to talk about some very interesting in a second. Their goal is just like Always, it's always like, oh, um, I'm out car shopping and uh, you know, maybe I might find, maybe I might find the one, you know, while I'm car shopping and you're just like, you know, like they can't even go car shopping without thinking about finding the one.

And you're like, holy fuck like Like that is the the NPC Tendencies that uh I'm talking about like you you might almost be a playable character. But you just might be a very smart. NPC is what you Probably are. Like you you you are living life, you're doing your thing, but then all of a sudden there's this underlining code that is written within your Uh, you know, coding.

In your software. And it's, it's telling you you're an NPC and that you have to be in a relationship. So no matter what you're doing, like, Things could be just rainbows and sunshines and fucking. Puppy dogs, and whatever. But underneath it all. There's this, there's this desire and this unknown need as to where it came from of.

I need husband. I need relationship. I need to buy a house. I need. Like, do you understand what I'm saying? And so, That's why I say like if if you met somebody And they just, They didn't have that underlining. Bullshit. Like that is interesting to me that is like fascinating to me.

Because it's just like, tell me, like what? I'll tell you this one. This one when I was like 25 or something I was I was I was young. I was young, she was in her 40s and she was She was. She had everything. Okay, I think I was, yeah, I was obvious.

I was living in Vancouver at the time. I don't know, 25 26. I left a relationship whatever. And, We had gotten together. I don't think I've ever shared this story. And that's that's the benefit of listening to this podcast. Is that you get to learn so many things about About me, and and everything.

And so, Uh, a lot more than a lot of people know. So, like you might be wondering like, why would I listen to this guy's podcast? Because you get to hear some like really good shit. You don't get to hear it all. Okay, maybe one day you might beget to hear like, you know, the the top 10 stories but, uh, So anyways, I Methods met this woman.

Okay. We had a met through a chat app. Whisper, I think it was actually if you ever used that one. And, This was like 12 10, 10 years ago, 10 plus years ago. And I remember she was looking for, she's like, looking forward, discreet meet up with a male.

Over. Has to be married yet. Yeah. Yeah. I wasn't any of those things. I was below 30. I wasn't

married wasn't in a relationship and I like come in. She's like, look. No definitely, no and no again. Because what she wanted is she wanted something that was She wanted both parties to have equal.

Things to lose. So if she was married, she wanted you to be married, so that you both had skin in the game. And me being the Charming Master that I am. I come in, I say look. Let me be real with you. Let me just just hear me out.

Hear me out. Okay. I understand everything that you're talking about, I know what you're looking for and I may not May not hit those spots, it may not be able to hit those targets. However, Here's what I know. You are gonna be elbow deep in. Dog shit. That is out there.

You know, that. And I know that the amount of scum, the amount of dirt bags, and the amount of just shitheads that you are gonna have to go through, is just gonna be ridiculous. And they're all going to fit your criteria. They're all going to be exactly over 30.

Many of are going to be married. And they're gonna hit all the criteria that you're looking for. But, you know, and I know The amount of scum that is out there. Here's what I can tell you. I'm being honest with you and I may not be over 30. I may not be married or even in a relationship.

However, I will save you the grief, it will save you the heartache of having to deal with all the bullshit that is out there. All the idiots. All the freaking make you wanna gag. That stuff out there. I will save you from all that. If you give me a chance, I will show you.

That it will be worth every single moment of your time. And this was basically like my pitch to her. And she's like, You're not wrong. God damn it, you're fucking right. And she said, fine.

I'm available this time. What about you? I said, yes. Yes. I know a great sushi place. Let's go. For sushi. And I can still I can still tell. I don't know if the sushi place is still there but I know exactly where it is. And so we met there.

Beautiful woman. And Like she was in her 40s. Here I am in my late 20s, and And we had Matt, Nice. You know, simple simple date and And I'm going to tell you, as to why I'm telling you this story. And, So, She had told me everything like she this woman was successful.

We're talking like a million dollar business, we're talking like, House. In beautiful Vancouver, beautiful house, a beautiful part of Vancouver, Kids going off to college smart kids. She was she was married to a man who loved her to the Moon, and back. And so she had everything. If you looked at her life from the outside perspective, you would have been like, wow.

That is the epitome. Of a family right there. That right there, everything that she had, it was just incredible. So one day okay, after we've had a few. So after that date, we I actually kissed her and it was lovely. It was a lovely, beautiful date. And so We continued our Rendezvous, let's call

them.

So, one day, We're in the backseat of my car. And we had just, you know, had an amazing time. And, I say to her. I said, yeah. Tell me something. Tell me, like, this has just been burning in my brain because I'm just so fascinated, please. Like, don't take any offense to it.

I don't mean it in a negative way or whatsoever. It's coming from a pure genuine. Place of curiosity. And I asked her, I said what brings you here? You have this life that most people would look at. As just perfect. And here you are. In the back, seat of my car.

With me. Having an amazing time.

I am so fascinated, like, tell me. And she had said that. You know. I, I got married when I was young. I had kids when I was young. And that was my life. From when I was young. 20 years old. That's the life that I've only ever known. And then as my kids started to grow up and they started to be much more independent, they started to, you know, To leave the coop.

And I started to have more time and there was just all these things and She said there was almost like a like, Like a seed was growing and And, It was just kind of, I never got to live life.

And I remember her telling me this this story and I was so fascinated. And I learned a lot about it, like I learned a lot about life from people and Which is why I am the way that I am, because of the How how I've learned so much from people.

I, I remember her telling me this and I was like that is the most fascinating thing I've ever heard. I love it. I love it. Like, It is so real. It is so honest. Like nobody's fucking honest like that. Nobody's honest like that. So, I was like thinking, you know, so we got to talk in and everything.

And I said, well like, What's the plan? Is it just to have, you know, secret Rendezvous with your with your Um, lover in the back seat of his car. From here on out or what? Like, tell me what And so, She said, well, no, I'm I I want to leave my marriage.

I want to get out of it. I don't know how though. I said, okay cool. And I thought that was also very, very cool as well because She knew that she wasn't happy. Like yes, of course. Like I'm not condoning. What she did. I'm not saying that. That's what you should do.

Okay. But being honest with yourself is most definitely what you should do. Okay. She was wondering like, Could I go out and do this? And with that save my marriage would I would I get it out of my system and then all of a sudden Like that's it, that's all maybe maybe.

I don't want to do this. Because I was I was the one that she had done it with. First like that was So like she could have like done it and then been like okay, We're done. I just want to get it out of my system and then gone off and been happily ever married.

But, And she knew like her, her husband loved her. She's like, she knew all that stuff and And then she wanted. Wanted to. Get out of it. And so, she did. This was years later. Went from like sleeping in separate beds, sleeping in separate rooms. She eventually bought a place somewhere else.

Everything. And I remember I texted her like years later. And she said, you know, Everything's great. I've met somebody new. I left my husband. Kids are great, you know? Life is great. And I was like that's so cool and I always loved that. I always always love that and like I said, I'm not condoning what she did.

Okay, that's not what I'm saying, okay, don't fucking twist my words. Okay, what I'm saying is that she knew that she was unhappy And she knew that she needed to make a change. Yes, she she went about it in a maybe not. So great way. But the thing is, is, Even if she was honest, let's say with her husband.

Do you think he could have handled it? Most people can't handle shit like that. Most people are weak. Most of these marriages or these relationships, they're held together by just like The smallest. Just idiotic things. It's just ridiculous. That's stupid.

I always say like what if she were to talk to her husband? Say, look, I just want to let you know, as Some feelings that have been coming up, I don't know where they're coming from. I don't know why they're coming here, but they are, but I want to be honest because you're my partner, you're my, you're my everything, and we're supposed to be in this together forever.

And I should be freed to be able to come to you and her husband should be there as the actual partner to be able to listen, listen, without judgment. Listen without emotion with listen without Uh, wanting to to reprimand, you're listening to understand. And this is, this is the thing that if you take this advice in your relationship, you will have such a successful fucking relationship.

I will tell you that right now. Because, Let's see if she came to her husband. And her husband was an actual man. And said hey you know what? Let's talk about this. Yeah, that's this is very, this is, this is very much our problem. What can we do about it?

Where did this problem come from? Why did this problem? Come And they may realize like, hey, it's because I've been working so much. Uh you you've been this and that and then all of a sudden they've realized that there were these certain holds within their marriage that weren't there before.

And then all of a sudden, they are able to To fulfill those within their marriage and the idea of cheating. Or leaving never comes back. Or maybe they do hash it out and they talk about it and they eventually say, yeah. I don't. I don't want you to be unhappy if Not going to do this marriage anymore, or And that's okay.



That's okay. You're you're allowed to to change. You're allowed to come to those realizations that I've never fucking lived life, man. But you can also Okay, you can also like, okay. Like, I understand that I, I think, in one of the last podcasts I talked about A high school sweetheart, he had cheated on her and I explained how it's like, well, Kind of surprised it took.

So, And the reason for that is because That. That, uh, You know, you're going through these, these growing pains with somebody and there's some things that you're going to have to Expect. That are going to come up. Okay. And It's just the way that it is. Okay. And so But the thing is is that like the reason I got on to this story is because of how fascinated I was about this woman.

This woman who like I'm, I'm young. I'm You know, just starting out in life. I just laughed a long-term relationship. And she It was just so fascinating to me. Because she had everything, literally everything, everything that every bit stressful, she had, And yet, here she was in the backseat of my car with me.

On a nightly Rendezvous. Oh man, life is awesome, isn't it? And so, It was just so fascinating to, to Talk to someone like that. Understand someone like Because like I said, nobody's real like that. Everybody will lie to your fucking face and just be like, oh yeah. Oh yeah, everything's great.

Everything's great. Our marriage, love it, love it. Oh my God. Yeah, having another kid. Yep. Yeah, the old lady. Yeah, just talked me into it. Uh, seizure dead. And apparently we're buying a new house. Yeah. Buying a new house and here we are almost done painting this one off.

But Not a big deal. No no, not a big deal. You know what I'm saying? Like just people just fucking lie all the time and this is why I was talking about being a good listener in the last podcast. The reason that I became a good listener, I didn't set out to be a good listener, just kind of happened.

And the reason that it just kind of happened was because I realized that just so many people lie. So many people just tell bullshit people will lie to your face. People will Yeah, there's just things that people will do and so you have to learn to decipher those things.

And, Yeah.

I was just thinking the just the thought of that that person I was thinking about like actually sending them a message and just saying like, hey, Hope you're well. Probably will. All right after this because, uh, I don't know where they are, what they're doing. It's been a while, but yeah.

Um, Anyways. Um, Where are we? The thing is, is that Opening your mind is. Is questioning. Where did these thoughts come from? Where do these ideas come from? You want a

relationship so bad? But why, like why? Is that just the programming that has been instilled within your code?

Because you're an NPC. I'm looking for husband, I'm looking for wife. These people are fucked they're everywhere too, so it's just crazy. And it's funny, when When I run into these NPCs and They're talking to me.

They just do not understand me and that's why I say, I'm not from this planet whatsoever, there's no way I'm from this planet. Not at all. Because in, unless Maybe I am. And it's just that. Everybody's been brainwashed in such a way that That they could have an open mind, they could have their own lives to live, but they're just so brainwashed that they have no idea, no clue.

And they've just lost themselves. And so, Unfortunately, it's like to the mass majority of people and so It's uh, It's interesting. So, the thing is that, you gotta you gotta open your mind. Yeah. Hoping your mind you know? When I talk to these people like they just can't even wrap their heads around me.

And I'm like, oh so like what kind of, you know, do you have a house? No, you have kids. No, you married. No. Dude, like what they just don't even understand it. They don't even like, get it like, oh, you like, are you dating? Are you like, like, no, dude.

I'm just fucking living my life is what I'm doing. Okay, like that's what I'm doing. Like, but like everybody's just like focused around the same shit. When we have a whole entire world out there that is filled with possibilities. We have we're living in an amazing time where we have super computers in the palms of our hand.

And yet we're not even utilizing them to their the full potential and It's, it's so unfortunate. And so, People are complaining and whining and And so we've got a, we gotta open our minds up. Where do I? Why do I believe what I believe? Where did that thought? Come from?

Where did that idea come from? You've seen the movie Inception, right? How they plant an idea into somebody's mind. Well, that's pretty much what happened to people. Is like you gonna plant this idea that you want to have kids into your mind and you have no idea where that came from, you just know that it just showed up one day and you're like, I want to have kids.

Okay.

People are 25 years old, 30 years old. And talking about retirement, and they're going to have this job until retirement, and you're like, dude, That's like three decades away. Three decades. 10 years ago when I was 27. I had recently broke up with a long-term relationship and I was living in Vancouver 10 years ago.

2017. Uh, wait. Wait 2013. Oh oh shit. No why do I was I think in 2017. Like 10 years ago. 23. Teen, I don't even know, like 2013, I recently broke about living up In Prince, George. And, Yeah. Completely different place than where I am today. Completely different mindset.

Completely different beliefs ideologies. Completely different behaviors. Whereas most of these people that are out there From the time there were 16 years old. The time today, they're the exact same person. It's just older a little bit, more overweight, a little bit more, cranky and cynical. But, They've never changed.

If you knew the person that I was when I was 27, like I Well, then how old am I? Yeah, 27. No, 10 years ago right 2023. 2013. 27. I guess. Yeah, I guess I was in Prince George at that time. Yeah. Crazy. Anyways, I'm starting to ramble on.

Um, Open your mind up. Okay, think what if Okay. What if you? What if he didn't get married your whole entire life? That's a possibility to some people. Oh yeah. I forgot to talk about this one thing. About how much time do I have?

Like, that could be a possibility, you know, everybody's going after the same thing. I gotta have kids gotta be married, I gotta buy a house. I gotta, you know, And, Like a great example is here in the city. Everybody has a brand new car, it just blows me away.

Blows me away. You know, expensive living in the city is And everybody here has a brand new car like I have a 2007. 2007 vehicle. And, Like, Driving around the city, everybody. Just it makes my car look, all busted ass and old. I'm like man, like jeez like Wow.

I make 150 Grand a year. Like, I don't even have a brand new vehicle, okay? Like how are you guys affording? This shit and living here in the city. Fucking crazy. It's priority. So, you know, that's keeping up at the Joneses and it's just that those are NPCs. That's all, that's what that is.

People, people don't have the Like it's easy to buy vehicle. Fucking guy working at Pizza Hut. You know flipping pizzas For two years. He can go and buy a brand new car. Not saying there's anything bad about working at Pizza Hut or anything. I'm just saying that like, you know, it doesn't make a whole lot of money.

But if you can hold the job for two years, you know, you turn around, go to a dealership and they'll fucking Put him in a car. 96 month payments. Jesus. It's absurd. And so, so anyways, let's get back to this idea of Needing to, to either buy a house needing to have kids or Being a relationship.

I was watching this uh YouTube channel. It's called, was it that chapter? Was that the one? Do you know that chapter that chapter? He's he does these stories of like these murder stories and everything. I think it was that one. There's a little a few weeks ago, he had released it, but there was this guy.

And, I wanted to talk about this before, I should have talked about it before because it kind of forgot. But basically the thing is is that Like many NPCs. Have this idea that you need to be in a relationship that if you're not in a relationship, then you're you're there's something wrong with you, there's you know you just have all these negative things of Believing that if you're not in a relationship, So, he had this deep.

Believe within him that he needed to be in a relationship, he had to be in a relationship. I don't think he was in Virgin. Pretty sure he wasn't. But, There was a long stint of him, not being. Sexually active, like he hadn't even no woman would give him the time of day now Rightfully.

So this guy was weirdo. Okay. Like he would do some weird shit. So Not like, well, he's just a dork. You could say he's just let's just say he's a dork and like clear, 100 beta male, okay, not an alpha whatsoever. So no woman was going to touch this guy with a 10 foot pole.

And so but he had it just in his soul that he needed to be in a relationship. Like this belief was so ingrained in him that he had to be in a relationship and every single day that he wasn't, he It just ate at him. More and more and more to burned within him.

Now he he was actually a pretty like successful guy. He was He uh, I'm pretty sure he was like his fairly like good-looking, man, and But the thing is, yeah, he was just he was just like odd like a dork kind of beta male. And so, But yeah, the problem was, is that this, this need this desire.

This belief was so ingrained in him. That it got so much that he eventually. He killed someone. And so, That that is like, obviously, that's an extreme case. But that is what these these ideas or these thoughts that Are implanted into us. And if we don't, Understand where they came from.

If we don't understand that. We don't have to follow them. They will. They will cause damage to us. Because you might be chasing after, like, let's say you might be chasing after. Something that is not meant for you. But because you've never actually taken the time to get to know who you were and what you want and all of that stuff.

Well. Here you are. You have this belief that has been implanted into you. By an outside Source. Let's say Society. And you are trying to go after that. But it's not meant for you. It's not for you, it's not you. And what's that, what that's going to do is that's going to cause conflict within you and then that's going to just basically eat at you.

And On the extreme case you'll go out and kill somebody. Like this guy did. And this happens. Well, not not killing people, but The damage that is done to people. I've known people that they're just a rack. Because they're single, they might be single for like two weeks. And they're just a rack.

Why? Because this, this need this desire. This this idea that that is within them. It is not. First of

all, it's not healthy. That's for sure. But they don't know any other way. They don't think that there's another way. When there's a million other ways. And so, it eats at these people and you've seen people like be depressed and like I've seen I've seen people flat out on the couch.

Just Heating. It want me. Oh fuck him. All right. He's, he's whatever. Okay, like, why are you even chasing after this shit? Go live, your life go canoeing. Okay. You like go live your life, go do your thing. Stop chasing after like fucking these idiots. Okay, there's idiots after idiots after idiots out there.

Okay, you're gonna be elbow deep in them. If you're just living your life, you're gonna run into idiots, don't go out actively seeking, I'm just go live your life. And, Yeah. So the thing is, is that what if like this guy who who killed someone? What if He he didn't have such a strong belief that he needed to be in a relationship.

What if he had? Learned that hey, wait a minute, it's okay if I'm single Not everybody's supposed to be in a relationship. It's okay. Not everybody's supposed to. Be in love for 80 years of that life and live grow old together. It's okay. Not everybody's supposed to fit in within these boxes and that's okay.

What if he had that belief? What if he had that type of understanding? Rather than chasing after something that was not meant for him.

Maybe somebody could still be alive today. But we have these ideologies, these beliefs, these ideas, these Things that are. Implanted into our minds. That. Do detrimental harm to people. Because they're trying to fulfill them trying to fulfill things that are not for them. Like I can tell you right now, I could very well be married at the moment.

I could very well have. Fucking three kids. What would I be happy? Probably not. Because I've learned. Over the years. Of what I like. And what I don't like what I want and what I don't want Here's a great example. I love dogs. Dogs are probably my favorite animal in the whole wide world.

Love them to the moon and back. They are like my spirit animal. I just did just my favorite. Now here's what the problem comes in with most people is they think hey I love a dog, I need a dog, I'm gonna go get a dog because I love dogs.

And what do they do? They go get a dog. Love is not about. Ownership or possession. It is just about appreciation. This is what a lot of people don't know. Or understand and that's why I say it. I have a far greater knowledge of what love is than most people.

Which is why a lot of people do come to me for advice when it comes to relationships. But the thing is, is that just because I love dogs, doesn't mean that I have to have one. There was an idea, I was kind of thinking maybe it, maybe a dog is what I want or need.

And then I did house sitting. And I learned, That I don't want a dog. I learned that even though I love dogs to the Moon and back. Doesn't mean anything. Doesn't mean that I need to have a dog. Just means that I love dogs. And that's okay. I'm allowed to love dogs and not have one.

Like what a crazy idea that is, you can actually love dogs and not own one. But that's not how people think, people think I love dogs. I gotta have a dog, I'm gonna buy a dog. I bought a dog. And you're just like, And it's the same thing with kids.

Same thing with how same thing with marriage. Not all, of course, it's not what I'm saying. But you see it all the time. People buy a house like oh yeah. Just uh I'm just put a new furnace in the house another 20 gallon thousand dollars. Oh, it just seems like it just doesn't stop.

You know, like oh, wow. Like Oh somebody, they wish I could go back to renting. No, but I'm a homeowner now. I'm, I'm moving up in the world and people look at me and I'm Much more successful way. And that's, that's That's what matters. It doesn't matter that, uh, Doesn't matter that the fucking Windows need replacing in the roof is turns out to be.

Needing to replace and that's a 40, 000 job. Oh geez. Paid 400 000 for the house. Uh, yep. Okay. You know what I'm saying? And so Yeah. Anyways guys. If you listen to this far, let me know you appreciated this podcast. Let me know. If you understood it. What I'm talking about.

Let me know. Unplugged Freedom. Open your mind. And that's where. Your life will begin. Till next time.